

Strathcona County Family Resource Network

Parenting is a journey and everyone needs help sometimes. The Family Resource Network offers a range of FREE parenting supports and services including:

- Information on child and youth development
- Working through parenting challenges
- Supporting unique parenting plans
- Connecting to community resources
- In-home and virtual parenting support

For more information, call Family and Community Services at **780-464-4044** or email familyresourcenetwork@strathcona.ca

Virtual Parent Support Groups: For parents with school age children



Between the Lines • Book Club

Wednesdays, May 19, 26, June 2, 9
6:30 p.m. to 7:30 p.m.



Keep Connected™

Thursdays*, May 20, May 27, June 3
6:30 p.m. to 8:30 p.m.
*must be able to attend all 3 sessions.



Triple P Seminar: Power of Positive Parenting

Saturday, June 5
10:30 a.m. to 12 p.m.



Junior High Journey

Tuesday, June 15
6 p.m. to 7:30 p.m.

To register, visit: strathcona.ca/parentsupport

Follow us on Facebook:
facebook.com/strathcona.familyresourcenetwork

 STRATHCONA
COUNTY

